



Maybe It's Time to Talk About Problem Gambling?

THERE IS HELP AND RESOURCES AVAILABLE

VA GAMBLING HELPLINE
1-888-532-3500

ALLIANCE
well-being for Virginia communities

www.mpnncsb.org www.allianceva.org



Problem Gambling/Gaming Awareness – September 2024

DEPRESSION ISN'T JUST FEELING SAD

Depression is one of the most common mental health disorders in the world. If you are struggling with depression, know that you are NOT alone.

SIGNS & SYMPTOMS

- Trouble sleeping or oversleeping
- Irritability and pessimism
- Constant feeling of sadness
- Feeling withdrawn and disconnected
- Irritability and pessimism
- Thoughts of suicide or self harm
- Physical aches and pains

1-888-PREV-550

www.allianceva.org
www.mpnncsb.org

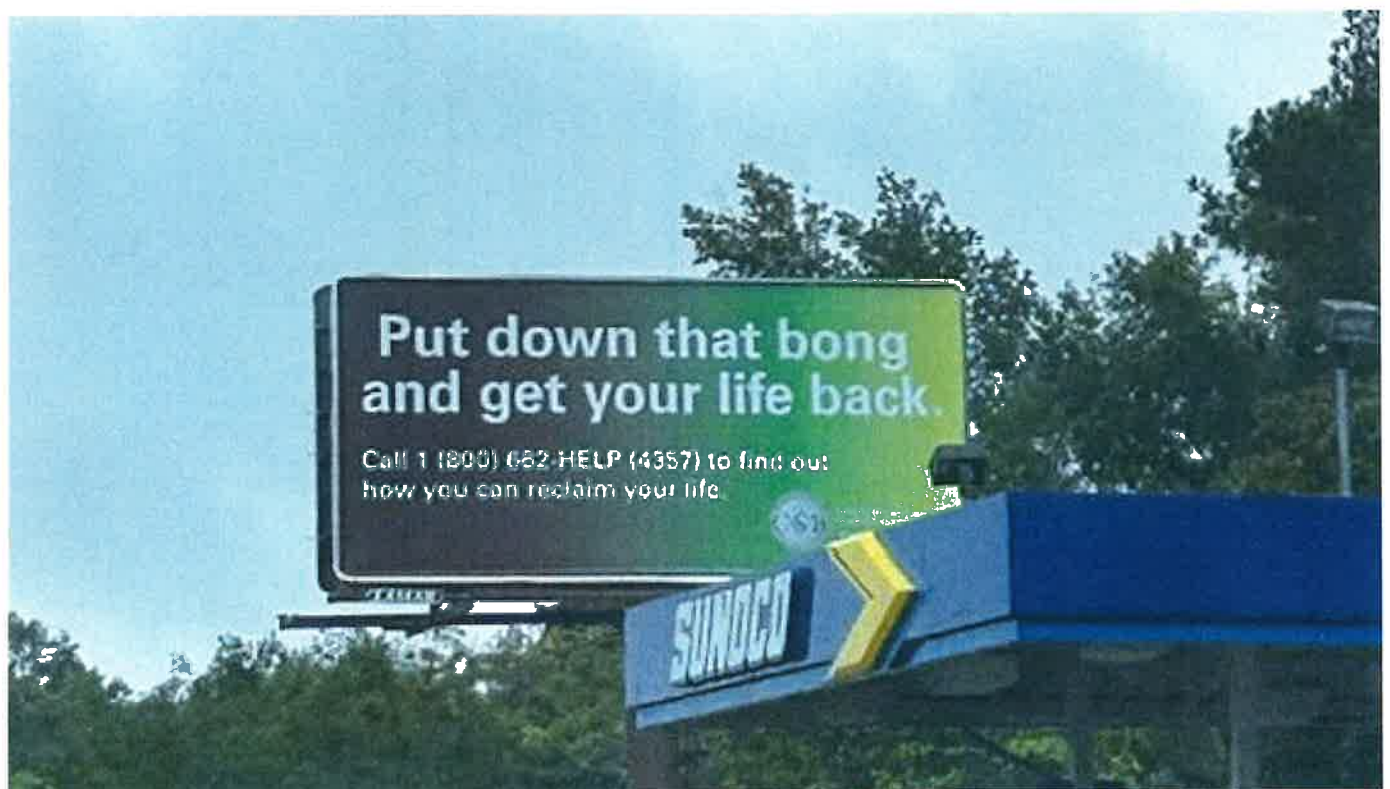
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Wellness & Depression Awareness – September 2024 – Social Media Ads: FB, Instagram & X



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Youth Marijuana Awareness Campaign Billboard Campaign – Route 33 East – September 2024



Lock & Talk Billboard Campaign – Route 33 West – September 2024



Youth and Family Board Report

June- July 2024

August 3, 2024

Strategic objective #1: *To establish operational efficiencies within the organization in order to best meet the needs of program participants and staff, remain responsive to the marketplace, and promote and enhance our values while remaining financially responsible.*

- Healthy Families has had an increase in children served by 10 due to the new agreement with West Point Head Start and is extending to classrooms at TC Walker Educational Building in Gloucester
- RISP Child count remains at a peak 179 even after the summer discharges.
- Youth and Family is involved in a pilot to test the WHODAS Child assessment in place of the DLA-20. This will reduce administrative burden of the assessment by at least an hour. The WODAS is a self-report scale that takes about 10 minutes to complete.

Strategic objective #2: *To establish MP-NN CSB as an employer of choice and invest in our staff to ensure that we recruit, develop, and retain a skilled and diverse workforce committed to achieving our mission.*

- Healthy Families presented at Gloucester Resource Council as a program of MPNN-BH

Strategic objective #3: *To diversify revenue sources and improve financial performance of service lines to ensure MP-NN CSB's financial sustainability.*

- Youth Outpatient is working toward intensive outpatient mental health and substance use disorder groups through a virtual platform to address transportation issues and allow for a wide area of service that matches our catchment area.