

**October 15, 2024
3:00 p.m.
Middle Peninsula Northern Neck Behavioral Health Board Meeting
Essex Counseling Center
330 Hospital Road
Tappahannock, VA 22560**

AGENDA

1. Call Meeting to Order
2. Quorum Determined
3. Introduction of Guests
4. Public Comment
(5 minute time limit)
5. Minutes – August 20, 2024
6. Presentation – ACT – Jessica Horton
7. Executive Director's Report
 - Tax Relief Update
8. Appoint Nominating Committee
9. DEI Update – Emily Eanes
10. Executive Committee
11. Finance Committee
 - Accounts Receivable Write Offs for Period 7-1-21 / 6-30-22
 - Requested Counties % Increase in Chapter X Funding for FY 26
12. Program Committee
13. By Laws Committee
14. Community Advocacy Committee
15. Human Resources Committee

16. Facilities Committee

17. CLOSED SESSION – as provided for by the Code of Virginia Section 2.2-3711 (A) (1), discussion or consideration of personnel matters and Section 2.2-3711 (3) discussion or consideration of the acquisition of real property for a public purpose, or of the disposition of publicly held real property, where discussion in an open meeting would adversely affect the bargaining position or negotiating strategy of the public body.

18. Chairperson Comments

19. Board Member Comments

20. Adjourn

August 20, 2024

The Middle Peninsula Northern Neck Behavioral Health Board of Directors held a meeting on August 20, 2024 at the Essex Counseling Center in Tappahannock, Virginia.

BOARD MEMBERS PRESENT

Kathryn Knoeller	Jay Mitchell
Antenette Stokes – ZOOM	David Parr
Alice Coates	Rosalyn Trent
Pratt Haynie	Edith Turner
Betsy Liljeberg	

ABSENT

Jim Jackson
Tiffany Webb

STAFF PRESENT

Melissa DeVault, Executive Director
Kristen Beech, Director, QA
David Bland, Support Coordination Supervisor- ZOOM
Joanne Brown, Director, Clinical Services – ZOOM
Anne Davis, Residential Supervisor- ZOOM
Sierra Davis, Medical Support Coordinator- ZOOM
Alicia Dillon, Director, Developmental Services - ZOOM
Emily Eanes, Director, Youth and Family Services
Gina Endres, Administrative Assistant - ZOOM
Lindsay Epstein, Administrative Assistant - ZOOM
Carolyn Gibson, Director, Human Resources
Ken Hickman, Director, Finance - ZOOM
Megan Hudnall, Developmental Therapist - ZOOM
Larry Kight, Director, Operations – ZOOM
Justine Matthews, Adult MH Case Management Team Lead-ZOOM
Cheryl Matteo-Kerney, Director, Prevention Services
Karen McCoy, Sr. Administrative Assistant- ZOOM
Brenda Taylor, Sr. Administrative Assistant - ZOOM
Sheree -ZOOM
2513 -ZOOM
2570 – ZOOM
Gail Slaughter, Sr. Executive Assistant
Perryann Whitehurst, Executive Assistant

Ms. Knoeller called the meeting to order. A quorum was present.

Guests – There were no guests in attendance.

Employee Advisory Committee - Ms. DeVault introduced members of the newly established Employee Advisory Committee - Megan Hudnall, Youth and Family Services, Anne Davis, Community Based Services, David Bland, Developmental Services, Lindsay Epstein, Operations, and Justine Matthews, Clinical Services. The Committee will be meeting this week.

Public Comment – There was no public comments.

Minutes – Mr. Parr moved approval of the minutes from the June 18, 2024 Board meeting. Mr. Haynie seconded the motion, which passed unanimously.

RISP Presentation – Ms. Eanes presented information on RISP (Rural Infant Services Program). She said that it had been decided to keep the RISP name (rather than Early Intervention) because of the recognition in the community.

Executive Directors Report

Strategic Plan Update – Five focus groups are being held with employees. The next step will be to analyze the data received. A retreat will be scheduled with the Leadership Team to go over the plan. Board members will receive a draft of the plan for input.

Tax Relief – After consultation with the Board attorney, it was determined that we qualify for property tax relief. The attorney drafted a letter to the counties requesting tax relief, which was sent out.

Workforce Funding – The Department of Behavioral Health and Developmental Services (DBHDS), has made workforce funding available. We will receive \$114,662.32. The money will need to be spent on trainings to become certified, career development, clinical supervision, etc. A proposal will need to be submitted to DBHDS by September 1.

Expansion of Services to the Northern Neck – A recruitment for Mental Health Skill Building staff has been sent out. There are also plans to get a Case Manager for that area. We would like to share office space with another entity. Mr. Parr said that he may know of available space.

DEI Update – Ms. Gibson reported on the following:

Agency Branded Shirts – Agency-branded shirts have been distributed to all staff.

DEI Funded Team Events - Several teams have already held their DEI funded events. More activities are being scheduled for this month and next.

Community Support Initiatives – Some staff opted to use their DEI funds to purchase essential items for the local homeless population. These items have been distributed to those in need through the GUEST House in Gloucester.

Comfort Bags Distribution – Comfort bags for those we serve are now being distributed to various sites.

Festival of Trees Participation – The Committee is preparing for the agency's participation in Gloucester County Resource Council's Festival of Trees. We will have our own tree, which will serve as a platform to showcase the services we offer to the community.

Resource Fair Development – The Committee is working on developing our own resource fair.

Upcoming Drives – In recognition of September as Hunger Awareness Month, the committee is organizing agency-wide drives to collect food items and necessities for the local homeless population.

Training with Dr. Lisa Conners – “Leave Your Biases at the Door” training sessions are being scheduled with Dr. Lisa Conners.

Site Enhancements – The Committee is exploring ways to make our sites more welcoming.

Review of DEI Strategic Plan – The Committee will soon be reviewing the current DEI Strategic Plan.

Licensure Reviews/Audits – Board members received the Incident Report and Quality Assurance Review for April – June, 2024. Ms. Knoeller said that she was very pleased with the 13% decrease in incidents from the previous quarter. Ms. DeVault said that Ms. Beech had worked very hard on providing training. Ms. DeVault, Ms. Beech, and the Leadership Team will look to see if systemic changes can be made.

Executive Committee – The Executive Committee had not meet. Ms. Knoeller and Ms. Stokes have had supervisory meetings. The Committee will be meeting in the near future.

Finance Committee – The Finance Committee had not met.

Program Committee – At the April 23, 2024 Board meeting, the Board moved to start an ACT program in the Northern Neck area, as recommended by the Program Committee. The Program Committee met on July 10, 2024. There are financial and staffing concerns with starting this program. The Committee moved to rescind the previous motion made and approved by the Board to start a new ACT program in the Northern Neck, and also recommended releasing the agency from starting this program this fiscal year. Mr. Parr seconded this motion, which passed unanimously. The Program Committee recommended to the Board to expand case management services and skill building services in the Northern Neck area this fiscal year, in lieu of starting a new ACT program. Ms. Trent seconded the motion, which passed unanimously.

By Laws Committee – The By Laws Committee had not met.

Community Advocacy Committee – The Community Advocacy Committee had not met.

Human Resources Committee - The Human Resources Committee met on August 15, 2025.

The Human Resources Committee recommends adding the Children in the Physical Workplace policy to the Workplace Guidelines, effective immediately. Ms. Turner seconded the motion, which passed unanimously. The Children in the Physical Workplace policy states that employees may not bring children to the workplace.

The Human Resources Committee recommends the addition to the Time Reporting policy, effective immediately. Ms. Liljeberg seconded the motion, which passed unanimously. The addition states “This policy does not negate your responsibility to report to your supervisor during scheduled work hours, regarding any and all changes in the expected schedule.”

Facilities Committee – The Facilities Committee had not met. Mr. Kight reported that a request for bids will put out for the Essex Counseling Center HVAC. The bid will be awarded by the end of September. Installation will take 4 – 6 months.

Executive Session - Mr. Mitchell moved the Board go into Executive Session as provided for by the Code of Virginia Section 2.2-3711 (A) (1), for the discussion or consideration of personnel matters and Section 2.2-3711 (3) for the discussion or consideration of the acquisition of real property for a public purpose, or of the disposition of publicly held real property, where discussion in an open meeting would adversely affect the bargaining position or negotiating strategy of the public body. Ms. Turner seconded the motion, which passed unanimously.

The Board returned to Open Session. A roll call vote was taken to certify that only such business as identified in the motion to convene the Executive Session was discussed: Ms. Knoeller, aye; Ms. Stokes, aye; Mr. Haynie, aye; Mr. Parr, aye; Ms. Liljeberg, aye; Ms. Trent, aye; Ms. Turner, aye; Mr. Mitchell, aye; and Ms. Coates, aye.

Chairperson Comments – Ms. Knoeller thanked the Board and staff for the hard work being done.

Adjourn – There being no further business, the meeting adjourned.

Gail Slaughter
Recorder

MPNN BH
Clinical Services Board Report
July and August 2024

September 25, 2024

Strategic objective #1: *To establish operational efficiencies within the organization in order to best meet the needs of program participants and staff, remain responsive to the marketplace, and promote and enhance our values while remaining financially responsible.*

A. Emergency Services (ES)

1. Cope staff attended 734 calls in July and 680 calls in August.
2. ES staff conducted 43 evaluations, 20 under Emergency Custody Order, 19 resulting in Temporary Detention Orders and 2 forensic involuntary admissions in July.
3. ES staff conducted 38 evaluations, 19 under Emergency Custody Order, resulting in 15 Temporary Detention orders and 2 forensic involuntary admissions in August.

B. Credentialing/Preauthorization:

1. We continue to ensure multiple programs are able to bill for services they provide. We verify payers for approximately 2500 clients every month and submit, track, and enter authorizations for multiple program caseloads, particularly Substance Use Intensive Outpatient and Emergency Services. Error reports are run at the end of each week, where claim problems are identified and resolved quickly. All daily workflows are accurate and efficient.
2. Maintain credentialing on all independently licensed clinical staff. Recently maintained accuracy of our agency credentialing with MES, DMAS's portal for all Medicaid enrollments.

Strategic objective #2: *To establish MP-NN CSB as an employer of choice and invest in our staff to ensure that we recruit, develop, and retain a skilled and diverse workforce committed to achieving our mission.*

A. Medical/Psychiatry

We extended an offer to Nurse Practitioner Amy Hill who previously worked for the agency. NP Hill returned August 5th. The med/psych team continues to thrive and work hard to meet the needs of the individuals we care for and serve.

B. Emergency Services

1. The Emergency Services Department continues to struggle with recruitment of qualified front line ES clinicians. Our ES staff are diligently recruiting qualified clinicians in efforts to improve upon the workforce shortage.
2. In efforts to support ES clinicians, we are recruiting multiple PRN positions.

C. Credentialing/Preauthorization

The credentialing Preauthorization Department remains fully staffed. We continue to learn new responsibilities, displaying initiative and enthusiasm, building upon our knowledge and skills in an insurance environment that is changing. Morale is high in our department.

D. SU/Crisis Intervention Team (CIT) Jail Services

In August Valerie Iovino, SUD Team Leader and Amanda Hammond presented at Hamilton Holmes Middle School on Opioid Addiction.

E. MH Outpatient ECC & GCC

Staffing shortages and high demand for mental health services, continue to impact capacity and limits both Assessments and MHOP to priority populations. Both clinics continue to utilize PRN staff to help cover the gaps for Mental Health Outpatient therapy and assessments. In addition to staff shortages there were staff resignations at both ECC and GCC MHOP programs; for ECC; one full time therapist submitted their resignation in August 2024 with the last being Friday, September 27, 2024. GCC had one PRN staff that resigned with the last day being August 27, 2024.

F. Intensive Community Services (ICS)

ICS staff completed their yearly training requirements for both the agency and QMHP and State Certified Prescreening Evaluator certifications.

Strategic objective #3: *To diversify revenue sources and improve financial performance of service lines to ensure MP-NN CSB's financial sustainability.*

A. Credentialing/Preauthorization

1. We monitor SA Intensive Outpatient, Youth and Family Case Management, and MH Case Management schedules and rosters to ensure that all clients receiving

grant funding have been denied by their current MCO Medicaid insurance coverage, and that all authorizations are accurate and renewed before they expire.

2. Routinely follow up on ES clients with inactive Medicaid, in order to find retroactive coverage that can be approved for authorization.
3. All of our agency LPCs and LMFTs are now credentialed with Medicare, based off the new Medicare guidelines and allowances for MHCs. These providers have retroactive effective dates of January 1, 2024. This is a great financial and structural benefit to the agency, and will allow more Medicare clients to be seen and billed for MHOP.
4. We credential all new licensed staff with necessary insurances, and maintain credentialing records and enrollments. We have worked hard to integrate and master all new Medicaid portal and authorization systems from DMAS and MCO's.

B. Emergency Services (ES)

1. ES continues to provide community-based restoration to competency services at an increasing rate for various jurisdictions within and outside of the Middle Peninsula and Northern Neck area (for individuals residing in our catchment area).
2. ES staff routinely review all recorded billable services for quality assurance/ financial accuracy.

Strategic objective #4: *To establish MP-NN CSB as a Center of Excellence for providing person-centered, integrated health care services and supports to underserved communities and individuals with serious behavioral health and/or developmental disabilities.*

A. Intensive Community Service (ICS)

The Intensive Community Services Department monitors ten NGRI acquittees released in the community under a court ordered conditional release plan. There are two NGRI acquittees being evaluated for conditional release and two NGRI acquittees who are approaching release based on their conditional release plans. MPNN BH has a total of 30 NGRI acquittees either in the hospital or the community on conditional release plans.

Community Based Services and Deputy Executive Director
August/September Board Report

Strategic objective #2: *To establish MP-NN CSB as an employer of choice and invest in our staff to ensure that we recruit, develop, and retain a skilled and diverse workforce committed to achieving our mission.*

- Amanda Campagnola, Deputy Executive Director, has been asked to serve on the Board of Directors for the Gloucester United Emergency Shelter Team (G.U.E.S.T). She graciously accepted this nomination and is excited to continue strengthening our community relations. The G.U.E.S.T Shelter is a coalition of religious and community organizations that provide shelter during the winter months. G.U.E.S.T operates 24 hours a day, 7 days a week during the winter months to provide a day shelter and a night shelter for the unhoused individuals in the Middle Peninsula and Northern Neck area.
- The process of developing a new strategic plan continues to move forward. Amanda Campagnola, Deputy Executive Director coordinated five focus groups over August. Staff from various divisions facilitated the groups and we are grateful for the continued work and input we are receiving from agency staff. These groups were compiled of 30 staff and consistent themes emerged that will help guide the agencies priorities for the strategic plan. The next step will be leadership meeting to begin structuring our new strategic goals. Steve Wright, our strategic consultant, has been assisting with compiling the feedback and will be aiding leadership in plan development.
- Charterhouse has officially scheduled the accreditation visit through Clubhouse International! They have been working diligently towards this accreditation for the past few years and are anxiously excited to begin the process in April 2025.
- Charterhouse is excited to be joined by three MSW interns for the semester. These individuals have eagerly immersed themselves in all aspects of Community Based Services.
- ACT has been approved as a program site for student loan forgiveness through the Health Resources and Services Administration. This will allow licensed staff to apply for loan forgiveness therefore encouraging employee retention.

Strategic objective #4 : *To establish MP-NN CSB as a Center of Excellence for providing person-centered, integrated health care services and supports to underserved communities and individuals with serious behavioral health and/or developmental disabilities.*

- Please join us in extending our deepest gratitude to the staff of Discovery and Turning Point for their swift and thorough support in the recent relocation of Turning Point residents. Your unwavering commitment to the individuals we serve is not only greatly appreciated but truly celebrated. Your dedication and hard work ensured a smooth transition for everyone involved, and we are incredibly proud to have such a compassionate and dependable team. Thank you for all that you do!
- Additional Harm Reduction funds have been awarded to MPNN BH. The funds provided over 2,500 Harm Reduction Kits that will be dispersed throughout the Middle Peninsula

and Northern Neck at community events over the coming months. For the first time in decades, public health data shows a sudden and hopeful drop in drug overdose deaths across the country. MPNN BH staff are proud to offer this vital prevention outreach.



Developmental Services Board Report

August and September 2024

Strategic objective #1: *To establish operational efficiencies within the organization in order to best meet the needs of program participants and staff, remain responsive to the marketplace, and promote and enhance our values while remaining financially responsible.*

- Support Coordination
 - Support Coordination continues to bill at or above 97% monthly.
- Programs
 - All group homes are licensed 4 beds.
 - Taking referrals for Supported Living and In-Home Supports.

Strategic objective #2: *To establish MP-NN CSB as an employer of choice and invest in our staff to ensure that we recruit, develop, and retain a skilled and diverse workforce committed to achieving our mission.*

- Support Coordination
 - Support Coordination Supervisor continues to meet with the SCs regularly in groups and individually
- Programs
 - The Program Manager continues monthly training with the House Managers to ensure increased quality of supports. The House Managers have monthly staff meetings.

Strategic objective #3: *To diversify revenue sources and improve financial performance of service lines to ensure MP-NN CSB's financial sustainability.*

- Support Coordination
 - Support Coordination continues to bill at or above 97% monthly while maintaining compliance with service requirements.
- Programs
 - Residential programs continue to struggle with staff; managers and program manager are working shifts.
 - A couple DSPs have volunteered to work at locations that are short staffed.

Strategic objective #4: *To establish MP-NN CSB as a Center of Excellence for providing person-centered, integrated health care services and supports to underserved communities and individuals with serious behavioral health and/or developmental disabilities.*

- Support Coordination
 - QMR Follow up completed
- Programs
 - Licensing audit for group residential, in-home supports, and supportive living CAP was received.
 - QMR Follow up completed

MPNN BH PREVENTION, HEALTH AND WELLNESS DIVISION

“Promoting Health and Wellness Through Evidence-Based Prevention”

Board Report August-September 2024

Submitted by

Cheryl Matteo-Kerney, M.Ed., ICPS

Director of Program Development, Planning and Prevention Services

Prevention Evidence-Based Program Highlights

- ✚ The Quarterly Suicide Prevention Report was submitted to DBHDS on 09/15. DBHDS shared with us that they plan to use portions of our report in their Legislative Report.
- ✚ The MPNN BH Prevention Staff served a total of 226 people in 51 Evidence-Based Prevention Services in August and September.
- ✚ The MPNN BH Prevention Staff implemented seven Community Wellness Strategies including: Two *ACE-Interface Trainings*, *Youth Mental Health First Aid (YMHF)*, two *Question, Persuade and Refer (QPR)*, *REVIVE* and *safeTALK*.
- ✚ The MPNN BH Prevention Staff implemented 25 *Botvin LifeSkills Training Program (LST)* Classes for 105 Sixth Grade Students in Lancaster and King and Queen Counties.
- ✚ The MPNN BH Prevention Staff served eight parents in our *Nurturing Parenting* and *Children First* Parent Education Programs.
- ✚ The MPNN BH Prevention Staff implemented nine *Counter Tools-Merchant* Education Strategies in Lancaster County.

Prevention Community Wellness Event Highlights

- ✚ The MPNN BH Prevention Staff participated in the following Community Wellness Events, and distributed a broad range of resource and educational materials including: Medicine Lock Boxes, Safe Drug Disposal Pouches, Gun Locks, and materials on Drug Use Prevention and Mental Health Promotion.

Disaster Preparedness Event, Gloucester County
King & Queen National Night Out, Upper K&Q
Back-To-School Block Party, Gloucester County
King & Queen National Night Out, Lower K&Q
Recovery Fest, Warsaw, Richmond County
Food is Medicine, Gloucester County\

- ✚ The MPNN BH Prevention Staff created *Overdose Awareness Day* Library Displays. They are set up in four Libraries throughout the MPNN Region. Those locations include both RCC campuses, Glens & Warsaw, as well as Gloucester and Essex

County Public Libraries. Resource and Educational Materials were provided to support display education. Photos are included for review.

- ✚ The MPNN BH Prevention Staff created Suicide Prevention Library Displays. They set up in six Libraries (both RCC campuses) in five counties, Lancaster, Gloucester, K&Q, Essex, Richmond County. Resource and Educational Materials were provided to support display education.
- ✚ MPNN Prevention provides Law Enforcement, Schools, DSS and other organizations and community groups with Medicine Lock Boxes, Safe Medicine Disposal Pouches, gun locks, and Educational Resource Materials for distribution throughout their communities. As a result of these collaborative partnerships, MPNN Prevention is reaching deeper into all of our communities.

MPNN BH Staff Professional Development

- ✚ Three MPNN BH Prevention Staff attended the Virginia Foundation for Healthy Youth Summit Conference in Reston, VA from September 30 through October 2.
- ✚ One MPNN BH Prevention Staff Member completed the three-day ACE Interface Certification Training sponsored by the Department of Behavioral Health and Developmental Services from August 27 through August 29 in Fredericksburg. MPNN BH Prevention now has four staff Certified as ACE Interface Trainers.

Prevention School-Based Wellness Highlights

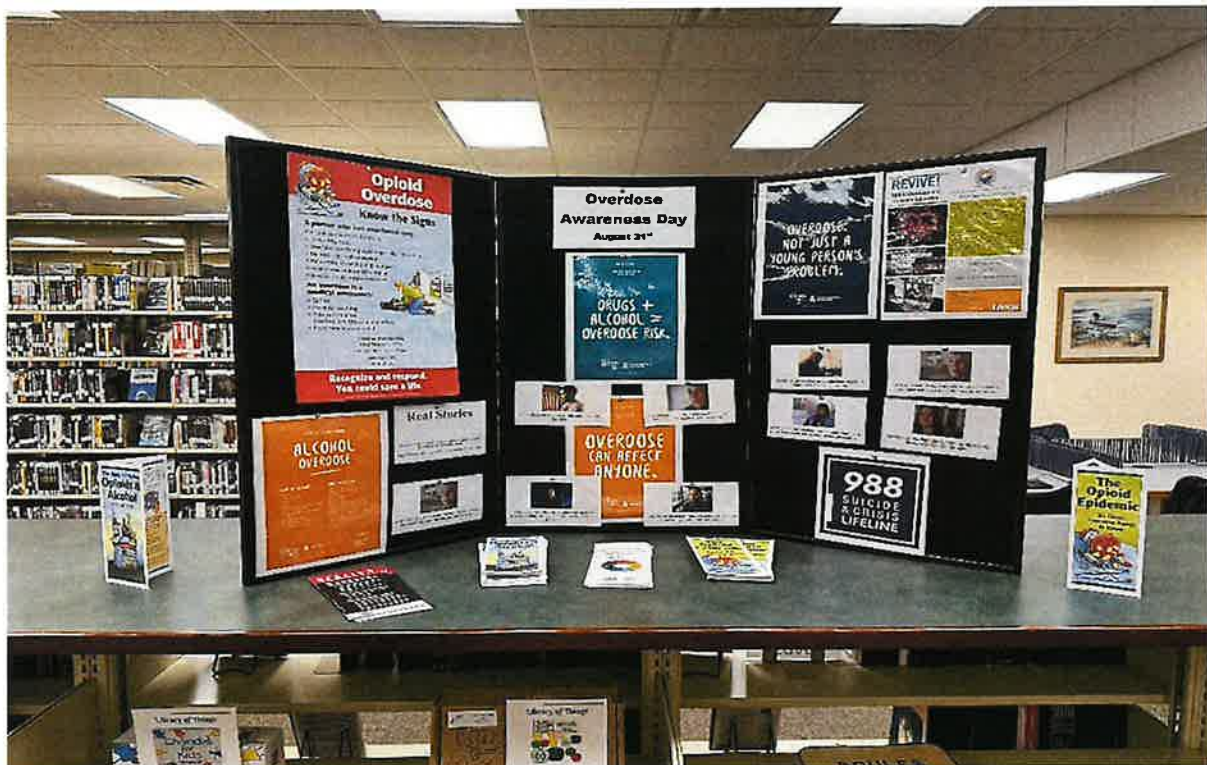
- ✚ MPNN BH Prevention is working with King and Queen County School District to provide Prevention Programming for their 21st Century School Grant.
- ✚ MPNN BH Prevention will be providing Suicide Prevention Programming for Colonial Beach Schools.
- ✚ MPNN BH Prevention is providing a Question, Persuade and Refer Training (QPR) for the HOPE SQUAD Youth Members at Gloucester High School.
- ✚ MPNN BH Prevention sent letters to all MPNN Legislators and invited them to come and see our School-Based Programs *in action* in their localities. This specifically relates to the Virginia Foundation for Healthy Youth (VFHY) Grant funded Botvin LifeSkills Training Program (LST), 15-week Evidence-Based Training Program we are implementing in 11 schools and seven counties each year, through 2027 for Middle School Youth.

Prevention Media Campaigns

- ✚ MPNN BH Prevention has a broad range of comprehensive Media Campaigns covering Suicide Prevention, Opioid, Stimulant and Prescription Drug Misuse, Youth Marijuana Prevention, and Problem Gaming and Gambling Prevention. The Media Campaigns are through WTKR (Both Cable and Streaming), Bay Transit Buses, Billboards, Cinema Ads and Social Media. The Media Campaigns are prominently running throughout the entire MPNN Region. Please see our Data Report for the specific locations and number of views on each campaign.



Opioid Awareness Display Board at RCC – Warsaw, August 2024



Opioid Awareness Day Essex Library August 2024



Backside of the display at Essex library



Suicide Prevention board currently displayed in RCC Warsaw, RCC Glenns, Essex Library and Lancaster Library



The Beehive Promotion – Fall Edition

Community News

Head Start Program

The F. C. Walker Head Start Program is getting ready to receive our students for the new school year 2024-2025 on August 26, 2024.

The students will be so excited to play on their new playground! The teachers and family advocates have been working so hard to make the new school year a success.

Head Start is a federally funded program, which provides services to promote academic, social and emotional development for income eligible families for children from birth to age five. We enroll income-eligible families year round and provide services for special needs children.

For more information, please contact us at [804-843-2289](tel:804-843-2289).



Middle Peninsula Northern Neck Behavioral Health

The MPNNBH Prevention, Health and Wellness Division strives to actively promote the development of healthy and resilient individuals, families, and communities across the region. To that aim, we are excited to invite you to join any of our upcoming trainings and classes! Here are some of our Fall courses:

- Nurturing Parenting: live, online program (ongoing)
- Children First: live, online co-parenting classes
- ACE Interface Training: free, live online on 8/20 and 9/16
- Revive: Opioid Overdose and Naloxone Education: free, in-person training on 8/13 and 10/23
- SafeTalk Suicide Prevention: free, in-person training on 9/25
- Youth Mental Health First Aid: two free, in-person trainings on 8/1 and 10/9
- Question, Persuade and Refer (QPR) training: two free, live on-line trainings on 8/8 and 9/11

For online registration and more information, please visit allianceva.org or call [804-642-5402](tel:804-642-5402). You can also reach out to us at 1.888.787V.555 or by emailing communityengagement@state.virg.





**MEGAN HARDY, PREVENTION, HEALTH & WELLNESS, FROM CENTER ROW, LAST ONE RIGHT SIDE
ACE COHORT 8/29/24**



Tabling Event: Disaster Preparedness, Gloucester County - August 2024



Tabling Event: King & Queen National Night Out, Lower - August 2024



Tabling Event: Back to School Block Party & Resource Fair, Gloucester County



Tabling Event: King & Queen National Night Out, Upper - August 2024



Gloucester Public Library - August 2024



RCC Glens Campus, Gloucester – August 2024



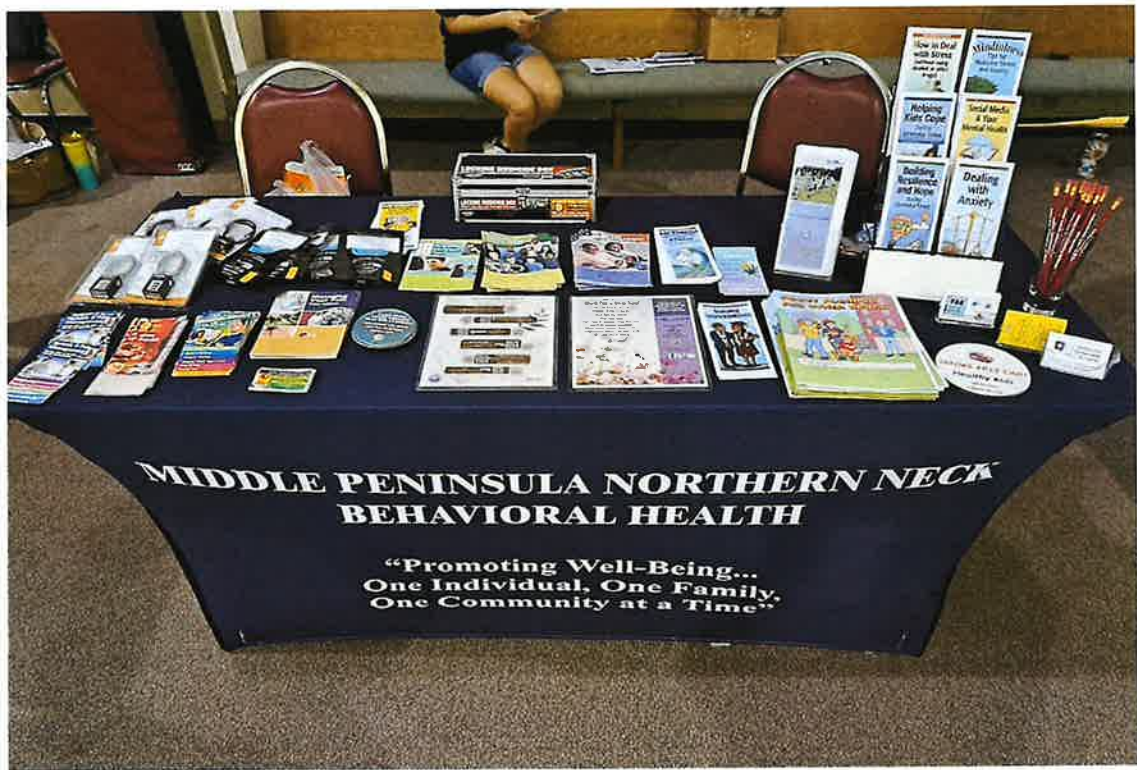
Suicide Prevention Month/MPNN BH Prevention, Health and Wellness Office - September 2024



SOR Media Campaign: Gloucester County - August & September 2024



SOR Media Campaign: Middlesex County - August & September 2024



Tabling Event: Food is Medicine, Gloucester County - September 2024



Library Display: Gloucester County Public Library - September 2024



Library Display: Rappahannock Community College, Glens Campus, Gloucester County - September



Tableting Event: Warsaw Recovery Fest, MPNN Peer Recovery, Richmond County – September



Lock & Talk Media Campaign: Tappahannock, Essex County - August & September 2024



Gaming/Gambling Media Campaign: Tappahannock, Essex County – August/September 2024

Join us to
Walk For a New Day!

A Suicide Prevention Walk

SAVE THE DATE!!

When: Saturday, 11/9/24

Time: 10am-12pm

Where: Main St. Shopping Center, Gloucester
(next to the Gloucester Main Library)

Keynote Speaker: Charles R. Walsh, Jr., LCSW,
Retired Executive Director of the MPNN CSB/BH

NO registration is required



A \$5 donation per
person will benefit our
Suicide Prevention
Awareness Initiatives



In partnership
with
**MPNN BH
Prevention,
Health & Wellness**



prevent@mpnn.state.va.us
www.allianceva.org



"Walk For A New Day" Suicide Prevention Walk – 11/9/24



Suicide Prevention Banner at the corner of George Washington Mem. Hwy & Providence, Gloucester 9/2024

International Overdose Awareness Day

Together we can end overdoses,
support grieving families & friends,
and remember those we have lost.



August
31st

International Overdose Awareness Day 8/31/24 -Social Media Posts: FB, Instagram and X

ALLIANCE
well-being for Virginia communities

**KNOW THE SIGNS
OF AN OVERDOSE**

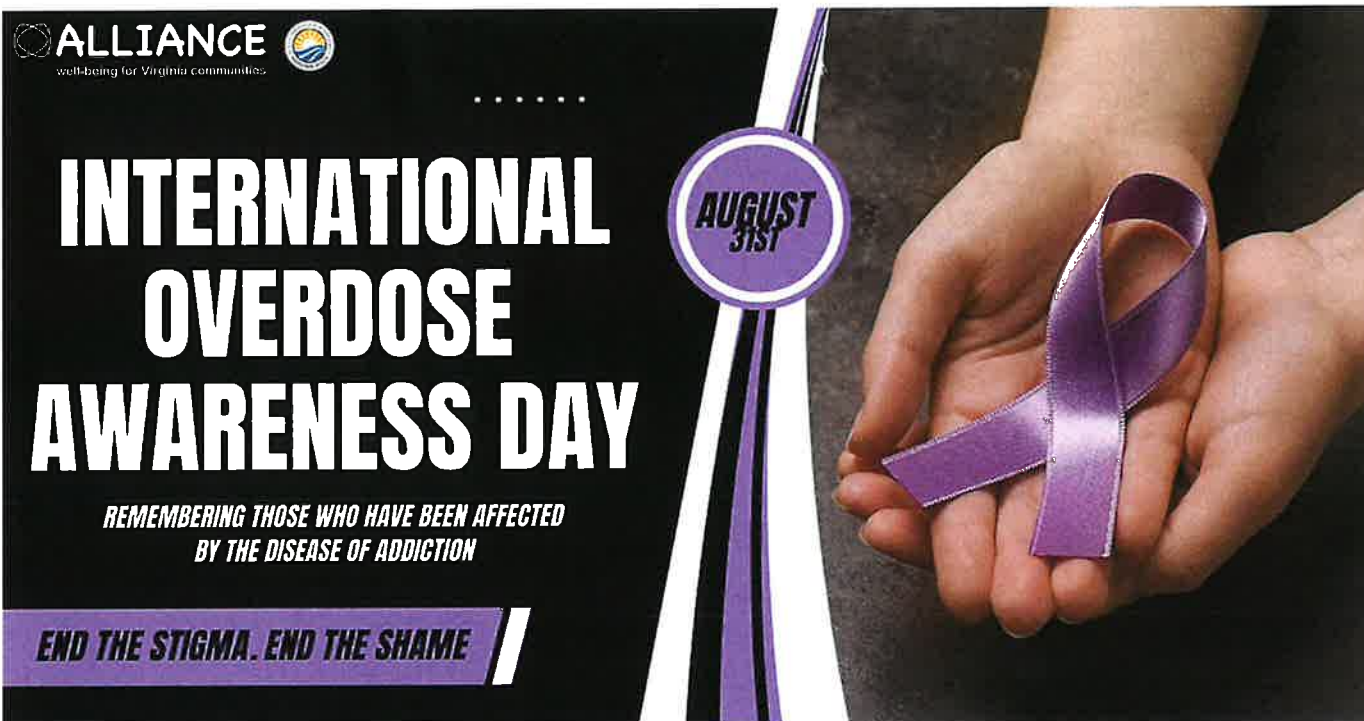
By knowing what to look for, you
could save a life.

- Blue lips and nails
- Slow or weak breathing
- Drowsiness or inability to wake up
- Pale and clammy skin
- Choking, gurgling or snoring sounds
- Confusion and dizziness

If you suspect an overdose, call 9-1-1 immediately

www.allianceva.org 1-888-PREV-550

International Overdose Awareness Day 8/31/24 -Social Media Posts: FB, Instagram and X



International Overdose Day Social Media Posts: Facebook, Instagram & X



World Suicide Prevention Day – September 2024 - Social Media Ads: FB, Instagram and X